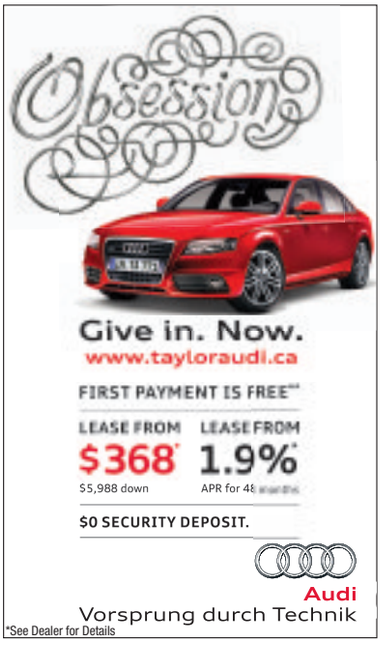
Regina strives for its biggest Pride yet

Kicking off at noon Saturday, about 1,000 spectators are expected to attend the Pride parade and enjoy the festivities, which include live entertainment, a beer garden and children's area PAGES 3 & 13

HONEST ABE STALKS VAMPIRES

NO HISTORY LESSON IN NEW FLICK ABRAHAM LINCOLN: VAMPIRE HUNTER PAGE 9



REGIONAL metro®

WEEKEND, June 22-24, 2012

News worth sharing.

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A DANCE FOR SOLSTICE

The Rainbow Dance Troupe demonstrated different styles of traditional dance at the National Aboriginal Day celebration at the University of Regina on Thursday. National Aboriginal Day was proclaimed in 1996, in recognition of the contributions aboriginal people have made in Canada. It is celebrated on the day of the summer solstice because of the cultural significance June 21 has for aboriginal peoples. CARRIE-MAY SIGGINS/METRO

Riders pumped for showdown with Stamps

Selection. Friday's game is the last chance for Riders players to impress head coach Corey Chamblin before final cuts are made

JEFF MACKEY
jeff.mackey@metronews.ca

The Roughriders will host the Calgary Stampeders at 7 p.m. Friday, and by all accounts, this time they are rarin' to go.

Along with the drastically different Riders team that will be taking the field, fans will also be able to check out the new and improved Mosaic Stadium.

The Riders are coming off of a disappointing pre-season loss to the B.C. Lions on June 13 in which they looked unprepared and lacking in both the defensive and offensive departments. Unlike the Lions game, on Friday fans can expect to see more starters on the field.

Quarterback

"I want Darian to find his groove. He is ready to put the past behind him and move forward."

Head coach Corey Chamblin on QB Darian Durant

Head coach Corey Chamblin has stated in training camp that most of the starters will be playing until the beginning of the third quarter against the Stampeders.

"There are no excuses for last week, but we didn't put out a very complex offence, we just wanted to evaluate guys," said Chamblin.

Chamblin said quarterback Darian Durant would start the game, most likely followed by Drew Willy later on.

"I want Darian to find his groove," said Chamblin.

"He is ready to put the past behind him and move forward."

The top running-back position has proved to be an interesting battle in the pre-season, especially between newcomer Kory Sheets and returning running back Brandon West.

"I think Brandon West will be the starter and then from there I think Sheets and the rest of those guys will probably rotate in," said Chamblin.

Friday's game against the Stampeders is the last chance Riders players will get to impress Chamblin and his coaching staff before the final cuts are made and the regular season starts.

"Some guys are on the bubble for their starting jobs and for some other guys things are going to change," Chamblin said.

MORE RIDERS COVERAGE, PAGE 2

1 NEWS

On the web

Otter plays it cool

As a heat wave blanketed most of Central and Eastern Canada on Thursday, one otter from a U.S. city found an adorably cute way to stay cool. Go to metronews.ca to watch the video.

One stylin' burger

Apparently there's not much difference between a supermodel and a McDonald's cheeseburger — both rely on stylists and photographers to look their best. Go to metronews.ca to watch a popular video that takes viewers behind the scenes of a burger print ad.

Mobile news

A controversial bird-flu study, blocked because of biosecurity concerns, will finally be published despite experts' best efforts to censor the report. Scan the code to read the full story.

Now Riders fans can really make some noise

Stadium upgrade. Players expect extra seating to add to the 'pandemonium' during home games

JEFF MACKEY
jeff.mackey@metronews.ca

More of us can go to Riders games now that a $14-million renovation has boosted the capacity of Mosaic Stadium to 32,898.

Two giant stands have been put at the north and south ends of the field, turning Mosaic into a bowl-like stadium.

Video scoreboards have also been installed around the field, drastically changing Mosaic's look and feel. Of particular note are two large end-zone screens, one measuring 157 square metres. The second is a large screen in the shape of Saskatchewan — got to love the symbolism.

Here is what some of the Riders players and staff had to say about the new stadium:

Defensive end Brent Hawkins: "It gets my heart racing, seeing the Jumbotron and all that stuff up there. It is crazy to have all these new facilities to help the fans watch us play."

Left guard Brendon LaBatte: "It is a great stadium. I can't wait to hear the atmosphere with the ends all closed in and the scoreboards all round. I mean, it looks the part of a professional stadium."

Defensive end Odell Willis: "It is going to be pandemonium when we come out here. I mean, I wish we could kick off right now."

Head coach Corey Chamblin: "Before the seats were added it was already really loud, so I can only imagine what it is going to sound like when we play now."

Hopson

CEO chimes in on renovations

"It is a whole new look and I think people are going to be pretty happy," Roughriders CEO Jim Hopson, left, said at Mosaic Stadium on Thursday. "We can't kid anybody, this is not a new stadium, but this does improve on what we have and it will get us through until we do have that new stadium.

"Realistically, there is a lifespan on a stadium and we are starting to push the envelope with this one. But this will get us through the next four or five years."

JEFF MACKEY/METRO

QB Darian Durant gets that dead-serious look on his face during Riders practice at Mosaic Stadium on Thursday. The stadium has undergone a $14-million renovation. JEFF MACKEY/METRO

Province's population growing faster than ever

Saskatchewan is experiencing its greatest population growth in more than 80 years.

Statistics Canada figures show almost 12,000 people came to the province from April 2011 to April 2012.

And the people influx continues — the population grew by almost 4,500 in the first quarter of this year.

The province's annual growth rate of almost 1.9 per cent is the second-highest in the country — only Alberta's is higher.

Saskatchewan's population has grown by more than 75,000 people in the last five years and sits at just over one million.

Economy Minister Bill Boyd says Saskatchewan continues to attract residents because its economy is firing on all cylinders.

THE CANADIAN PRESS

Police report

Death of girl deemed suspicious

The Regina police are calling the death of a two-year-old girl suspicious. The coroner has ordered an autopsy and Regina Service Major Crimes has blocked off the scene and is now leading the investigation.

At about 9 a.m. on Thursday, police received a call to a house on the 600 block of Garnet Street. Police and paramedics attended to the girl but pronounced her dead at the scene.

Police have no one in custody in connection with the death and no names have been released. Police are asking anyone with information to contact them. METRO

Read metro work every Monday and Wednesday for tips and trends in education and employment.

Only in Metro. News worth sharing.

Candidate rises to challenge of shopping locally for month

Ward 3. Council hopeful Shawn Fraser thought the experiment would break the bank, but found costs were about the same

CARRIE-MAY SIGGINS
carriemay.siggins@metronews.ca

What happens when you only shop in one local area for a whole month?

Shawn Fraser, who is running for city council, wanted find out. From May 15 to June 15, Fraser and his wife only shopped in Ward 3, where they live. It includes Heritage, Cathedral and the Downtown neighbourhoods.

Fraser, 30, says that he started the challenge to learn more about the community he wants to represent at city hall. Before the challenge, with a busy lifestyle and a new baby, the lure of big-box stores was often too hard to resist.

"Shopping locally is something that we always wanted to do but it often fell off the list — we'll just go to Extra Foods or Superstore and buy it all at once."

The challenge gave them no choice but to buy everything, from groceries to diapers to household items, within three neighbourhoods.

"We were able to find everything in the ward," says Fraser. There is a sizable Safeway on 13th Avenue within the Cathedral Village's boundaries, but the family tried to shop at locally owned businesses as much as possible. The only real difficulty, Fraser says, was keeping his waistline from expanding — the family found four different Ukrainian groceries that sold top-notch sausage.

Even their chequebook was kept balanced. Fraser thought the experiment might cost a little more than their big-box shopping, but it turned out to be about the same.

Fraser says that the main thing he's learned from the experience is that there are a lot of businesses in the area, and a lot of variety. He also noted that he interacted with shop owners more than he had before, getting to know the people who run the businesses in his neighbourhood. The food they took home was fresher as well, and his family learned to cook in different ways.

"(The experience) forced us to adjust our schedule a little," says Fraser, "but it changed shopping from something like, 'OK, we have an hour, let's get in and out,' to something that we take time in our schedule for."

What's missing?

- The only things that may have been a challenge to find didn't come up during the month-long experiment, says Fraser.
- The area is without a lumberyard (Fraser enjoys carpentry) and a bicycle shop (he and his wife are avid riders). "There are good options for those things, but just not in our ward."

Shawn Fraser, who is running in the civic elections, shopped exclusively in Ward 3 for a month. He was a frequent visitor to Atlantis Coffee on Victoria Avenue. CARRIE-MAY SIGGINS/METRO

The Queen City Pride Parade starts at "A" at the GLCR parking lot (2070 Broad St.) and winds its way through downtown. CONTRIBUTED

Pride parade kicks off at noon Saturday

On Saturday, Queen City is hitting the streets for what organizers hope will be the most massive Regina Pride ever.

An estimated 1,000 people will lend their support to the lesbian, gay, bisexual and transsexual community in the Queen City Pride Parade.

"We are hoping to make this the biggest Pride celebration that Regina has seen so far," said Jesse Ireland, secretary of the 2012 Queen City Pride Festival.

"It has been growing and this year we are expecting it to grow at a faster rate than it has in the past.

Quoted

"Dress up in your crazy clothing if you want, dress up in your everyday clothing if you want.... Just do come out!"
Pride organizer Jesse Ireland

"The parade kicks off at noon and that is followed by live entertainment downtown and a beer garden and children's area," said Ireland.

"It is a way for the community to get together and share their stories, share successes and failures. Pretty much it is a way to show support for one another."

The parade route will encompass much of the downtown area.

The parade will go south on Broad Street, west across College and up Albert until it crosses city hall and stops at Victoria Park.

"In the evening we have our Pride Dance and then on the following day we have another barbecue, a vigil and then the closing ceremonies," said Ireland.

All events are, of course, open to the public and Pride organizers are looking to draw as many people to this year's festivities as possible.

"We are fully accepting of anyone no matter their sexuality, gender, race or religion," said Ireland.

"Dress up in your crazy clothing if you want, dress up in your everyday clothing if you want.... Just do come out!"

JEFF MACKEY/METRO

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Lost custody. Obese dad to go on hunger strike

An Ottawa man who lost custody of his two kids partly due to being overweight said he will go on a hunger strike Friday on Parliament Hill to strike back at the Children's Aid Society.

In an Ontario Superior Court ruling Wednesday, Justice Martin James said the 38-year-old man's boys, aged four and six, would be given up for adoption and live apart from each other.

"(The father's) weight-loss regime is itself a full-time job," the ruling said.

The ruling also claimed that he played online video games for hours on end and tends to be "combative when people don't agree with him."

"I'm going to go on an international stage and expose this and my children will know what their father's done for them," the father said. "I hope I get to appeal and disprove all of this."

JOE LOFARO/METRO IN OTTAWA

'Major factor'

The father's weight was mentioned several times in the 33-page ruling and was a "major factor" in the judge's decision, the man said.

- He weighs about 360 pounds and was at 520 pounds at his heaviest.

B.C.

School on lockdown after black bear evades officers

A Victoria school was put on lockdown for about two hours Wednesday afternoon, as conservation officers searched for a black bear. The animal had been hit by a pickup truck on the Island Highway earlier that morning and ran into a wooded area close to Eagle View Elementary. School staff were told to keep the children inside because injured bears can be unpredictable, said conservation officer Peter Pauwels. After struggling to locate the bear in the thick brush, officers called in the hounds and they were able to spot it as it ran from the dogs. It appeared to be uninjured.

ELIZABETH HAMES/METRO IN VICTORIA

Video of bullied woman spurs Toronto man to fundraise for her vacation

Outpouring of support. Indiegogo.com has raised more than $250,000 US for the grandmother of eight

A viral video of a school bus monitor in New York state being bullied by four middle schoolers prompted a Toronto man to launch a fundraiser to send the woman on vacation.

"I felt deeply sad for Karen," said Max Sidorov, a graduate of York University. "I had some issues with bullying myself when I was a young kid and had just come to Canada, so I know where she's coming from."

The taunting and verbal abuse of the bus monitor was captured in a 10-minute cellphone video recorded by one of the students and posted to YouTube. It shows 68-year-old Karen Klein trying her best to ignore the stream of profanity, insults and outright threats directed at her. At one point in the video, she breaks down in tears. THE CANADIAN PRESS

"Making the bus monitor cry" has racked up more than 1.5-million views.

METRO SCREEN SHOT/YOUTUBE.COM

'More respectful'

Parents should punish boys: Victim

Meanwhile, Karen Klein has told police she does not want the boys to face criminal charges. She said she is happy with the swift and strong community response against the verbal attack aboard a Greece Central School District bus, authorities said Thursday.

Criminally charging the boys, all seventh-graders, would require their conduct to rise to the level of a crime, Greece police Capt. Steve Chatterton said. So far, it has not been found to reach that level.

Klein said she hoped the boys' parents would view the video of the attack and talk to their children about being "a little more respectful." Parents of all four boys are co-operating fully and say their children will be punished, Chatterton said.

By Thursday morning, the video had been viewed more than 1.5-million times on YouTube.

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Accused body-parts killer Magnotta gets trial by jury

Court appearance. Suspect declines psychiatric evaluation, will face preliminary hearing in March 2013

Luka Rocco Magnotta made a brief, surprise appearance in a Montreal courtroom Thursday to tie up a few loose ends in his case before vanishing from public view until early 2013.

The accused body-parts killer had court dates set for early next year and was told he will face a preliminary hearing next March where part of the evidence against him will be heard.

Magnotta, charged with first-degree murder in the slaying of Chinese student Jun Lin, 33, has opted for a trial in front of a jury.

He asked that he receive medication while incarcerated.

And he introduced his team of three lawyers, including a lead attorney from Toronto. That lawyer did not ask for a psychiatric evaluation, contrary to what one of his colleagues suggested earlier in the week.

There was one other surprise twist Thursday: Magnotta appeared in court in person. Authorities had hinted that the 29-year-old murder suspect would appear by video link, as he had at his first court appearance earlier this week.

While Magnotta looked sleepy, he appeared to follow the proceedings attentively. Wearing a plaid shirt and dark blue jeans, Magnotta kept his eyes on the judge during the brief appearance. He didn't say anything, save a few brief discussions with a lawyer through the thick glass.

His lead defence attorney, Luc Leclair, made a brief statement at the end of the hearing.

"Mr. Magnotta waived his rights to extradition because he wanted to come back to Montreal," Leclair said, without taking any questions.

"He trusts the Canadian judicial system."

At the request of his legal team, Magnotta was ferried to the courthouse Thursday from the Montreal detention centre that will be his home until the trial.

The 29-year-old was impassive as he stood in a pen behind thick glass panels inside the courtroom.

There were at least seven guards in the room. Magnotta was flanked by two in the prisoner's box, with a third nearby. Four others stood outside the prisoner's box, around the heavily fortified courtroom reserved for dangerous offenders.

Twelve journalists, including two sketch artists, sat in the gallery. There didn't appear to be any members of the public present.

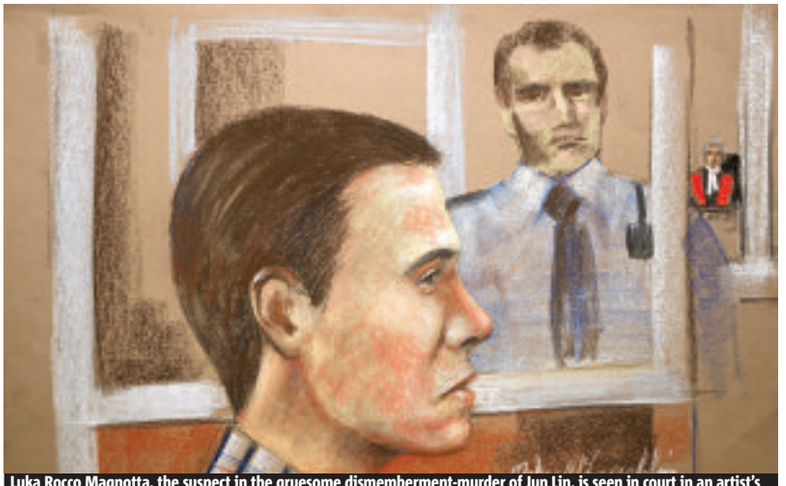
The Crown would not confirm rumours that Jun Lin's family observed the hearing from an undisclosed location. Montreal La Presse reported that the family was spotted at the courthouse under a heavy protective escort.

Prosecutors did confirm they met with the family earlier Thursday. They have kept a low profile since arriving in Canada to collect Lin's remains, publishing a letter calling Lin "our pride and hope."

Prosecutors have promised to keep the family abreast of developments in the case, and to seek to provide comfort that Canada's justice system is properly handling it.

"The family was met by both prosecutors and our team at the (public prosecution) office, and we want to make sure they get the information about the process, to make sure they know what happens," Jean-Pascal Boucher told reporters.

Magnotta arrived in Canada Monday. THE CANADIAN PRESS



Luka Rocco Magnotta, the suspect in the gruesome dismemberment-murder of Jun Lin, is seen in court in an artist's drawing on Thursday in Montreal. MIKE MCLAUGHLIN/THE CANADIAN PRESS

Luc Leclair

Tory lawyer to defend Magnotta

So who will defend Luka Rocco Magnotta — the man accused of mailing body parts to the Conservative Party of Canada? Ironically, his lawyer will be a Conservative.

Toronto lawyer Luc Leclair will represent Magnotta, accused of first-degree murder in the gruesome death of Montreal university student Jun Lin.

Leclair has worked on leadership campaigns for several prominent conservatives.

He worked with Defence Minister Peter MacKay, in his bid for the Progressive Conservative leadership in 2003; with Belinda Stronach, when she ran for the leadership of the new federal party against Prime Minister Stephen Harper; and with John Tory, the former leader of the Ontario Progressive Conservatives. THE CANADIAN PRESS

Indonesia shaken by deadly plane crash

Youths walk on the site where an air-force plane crashed in Jakarta, Indonesia, on Thursday. JEFRI TARIGAN/THE ASSOCIATED PRESS

An Indonesian air-force plane slammed into a military housing complex and ignited a huge fireball Thursday while trying to land in Jakarta, killing all seven people aboard as well as two toddlers and their nanny in a home.

The pilot, co-pilot and five trainees aboard the Fokker F-27 were on a routine training flight when it crashed into houses in a neighbourhood about 1.5 kilometres from the runway where it was trying to land.

Raging orange flames jumped several metres into the air and a huge column of black smoke billowed over the eight homes damaged in the crash in eastern Jakarta.

Twelve people were injured, two of them critically.

The plane broke into two parts as it ripped through the houses and plummeted to the ground, said air-force spokesman Col. Agus Sasongko Jati. The three people killed on the ground were two children in one of the houses, aged 2 and 6, and a woman who worked as their caretaker, he added.

Running text on TVOne said the black boxes of the ill-fated plane have been discovered. THE ASSOCIATED PRESS

Killer. Homolka now a mother of three, living in Guadeloupe: Ebook

A new ebook says Karla Homolka is now a mother of three living in the Caribbean.

The publishers of Finding Karla say the 46-page book by journalist Paula Todd details Homolka's new life as a wife and mother.

A news release about the book says Todd, following an obscure lead, boarded a plane to the island of Guadeloupe this spring.

She subsequently tracked down Homolka and spent an hour in the convicted killer's apartment.

The ebook is published by the Canadian Writers Group and is available on Kindle Singles, Kobo, iBooks and Nook for $2.99.

In the early 1990s, Homolka and her then-husband, Paul Bernardo, were convicted of crimes related to the rape and murder of two teenage girls.

Homolka struck a deal with prosecutors in 1993 to serve 12 years in prison for manslaughter.

Little is known about her life since she was released from prison in 2005, but the media has tracked her twice.

She was first discovered working at a Montreal hardware store following her release and soon afterwards the location of her east-end Montreal apartment was also revealed. THE CANADIAN PRESS

Karla Homolka is interviewed by Radio-Canada in Montreal on July 4, 2005, hours after her release from jail following a 12-year term for the deaths of two teenage girls in Ontario. RADIO CANADA/THE CANADIAN PRESS

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Pineapple haven

Oracle CEO to buy Hawaiian island

Oracle Corp. CEO Larry Ellison is closing in on a purchase even lottery winners can only dream about — 98 per cent of Hawaii's pineapple island, Lanai.

Ellison hasn't said what he plans to do with the vast majority of the island's 141 square miles, but the sellers say he plans substantial investments that will create jobs and stimulate tourism to the island once owned in the 1920s by the founder of Dole Foods.

THE ASSOCIATED PRESS

Market Minute

DOLLAR
97.15¢ US (-0.97¢)

TSX
11,408.32 (-351.03)

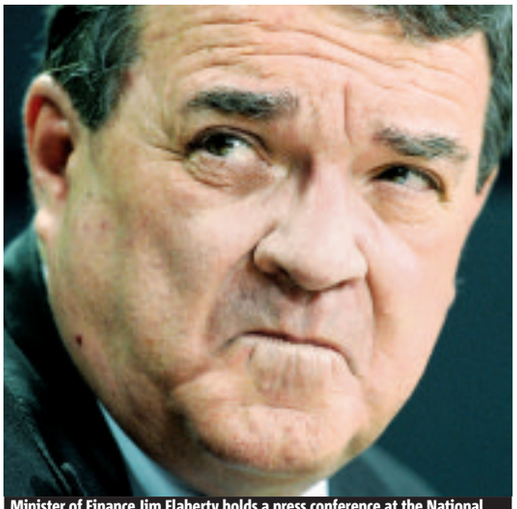
OIL
$78.20 US (-$3.25)

GOLD
$1,565.50 US (-$50.30)

Natural gas: $2.525 US (+6.5¢)
Dow Jones: 12,573.57 (-250.82)

Flaherty introduces new mortgage, lending rules

Expected announcement. Both Flaherty and Bank of Canada head Mark Carney have expressed concern about rising household debt



Minister of Finance Jim Flaherty holds a press conference at the National Press Theatre in Ottawa on Thursday. SEAN KILPATRICK/THE CANADIAN PRESS

Buying a first home or taking out a loan against an existing residence will be more difficult for Canadians under new rules announced Thursday, but Finance Minister Jim Flaherty says it's for their own good.

For the fourth time in as many years, the finance minister moved to tighten the mortgage and lending landscape — changes that mean up to five per cent of Canadians who might be considering buying a new home will likely no longer qualify.

This time Flaherty's cutting the maximum amortization period for government-insured homes to 25 years from the current 30 years, and limiting how much homeowners can borrow on the value of their homes to 80 per cent from 85 per cent.

Those are not the only changes the government is making.

It will no longer be in the business of insuring homes that are worth more than $1 million — meaning buyers will need to put up at least a 20 per cent down payment or seek private insurance.

As well, it will insist that prospective buyers have the means to afford mortgage payments, property taxes and heating costs on their home.

It will do so by setting cost ratios based on household income — a kind of affordability ratio — of 39 per cent for gross debt service and 44 per cent for total debt service.

"It's a question of trying to moderate behaviour and I hope Canadians will reflect before they jump into a market at the high end," Flaherty said.

"It will mean that some people will not buy into the market. It will also mean that some people will buy less into the market; they'll buy a less expensive home or less expensive condominium.

"Good. I consider that desirable."

The changes go into effect July 9.

The most significant change is the reduction to the amortization period, bringing it back to the level it had stood historically before rising to as high as 40 years during the heady pre-recession days of 2006. THE CANADIAN PRESS

Bank of Canada

Economy running on fumes: Carney

Canada's relatively healthy economy has been largely based on borrowed money but the situation cannot go on indefinitely, Bank of Canada governor Mark Carney warned Thursday.

The central bank governor's stern words to a business audience in Halifax came just hours after federal Finance Minister Jim Flaherty moved to clamp down on household lending.

Carney made clear that he endorses the moves, calling them "prudent" and "timely" to support the long-term stability of the housing market and guard against financial excesses.

Carney suggested he has no patience for the view that instead of raising interest rates his next move will be to cut the trendsetting overnight rate from the current one per cent, where it's been since September 2010.

THE CANADIAN PRESS

THERE'S A FIRE STARTING IN HER HEART

THE LIST
Neil Morton
Metro

1 **Nik Wallenda:** The high-wire artist calmly crossed over Niagara Falls with nerves of steel, all the while talking to his father and play-by-play commentators on ABC on a broadcast that 13.1-million viewers watched. The only thing he didn't do was send a live tweet. But he did tweet right after @NikWallenda: "Love you Niagara. What's next?" Apparently the Grand Canyon.

2 **Radiohead/The Flaming Lips:** In a "great cosmic collision" of live music, the Flaming Lips and Radiohead were to perform simultaneous sets in Toronto Saturday night. Except Radiohead's concert was cancelled after a pre-show stage collapse at Downsview Park, resulting in the death of drum tech Scott Johnson. The Flaming Lips paid moving tribute, covering Radiohead's Knives Out at Yonge-Dundas Square.

3 **Carly Rae Jepsen:** Even Katy Perry's daring nude bodysuit couldn't trump Mission, B.C.'s pop sensation Carly Rae Jepsen. The first-time MuchMusic Video Awards performer was the big winner with three MMVAs for video of the year, MuchMusic.com's most watched video, and fan-driven ur fave video of the year for Call Me Maybe. World domination is imminent.

4 **Justin Trudeau for prime minister?** With the Liberal party leadership up for grabs after Bob Rae's announcement he won't run, many are wondering if the charismatic son of former prime minister Pierre Trudeau will vie for the party leadership. Justin is considering running, and a poll says 42 per cent of Canadians think he would do a good job. Trudeaumania: The Sequel.

5 **Rodney King:** After his brutal beating by police officers in 1991 stunned a nation, King went on national TV a year later following their acquittals, which started race riots in L.A., and pleaded for peace. King himself never found peace, battling alcohol and arrests — and was found dead in his pool Sunday morning at the age of 47. Fitting, perhaps, that it was officers who pulled him out and tried to perform CPR on him.

6 **Cristiano Ronaldo:** Ronaldo was a bust on the international stage, until shining for the first time at Euro 2012 this week — scoring three dramatic goals in Portugal's two wins to push them into the semi-finals. He's no Pele, but he has put himself among the greats. And he can definitely bend it like Beckham.

7 **Will turns 30:** It's hard to believe but the little boy who grew up before the world's eyes — son of the iconic Diana, Princess of Wales — turned the big 3-0 this week. No word on what Kate got him, but I would have recommended a flash mob with the Queen, Kate, Harry, Charles and the guards at Buckingham Palace.

8 **Beau Hossler:** The amateur golfer participated in the U.S. Open on the weekend, and while he didn't come close to winning — he finished tied for 29th after briefly holding the lead in the second round — remember this: He's only 17. He was cheered and serenaded at every hole, and given a standing ovation at the end. "Let's Go Hoss-ler" tees may someday go viral.

9 **Jack Osbourne:** The reality TV star from the famous Osbourne family announced he's been diagnosed with multiple sclerosis, discovering he had it after losing much of the vision in his right eye. "Adapt and overcome is my new motto," says Osbourne, who recently became a dad. And now possibly a spokesperson for the disease à la Montel Williams.

10 **Canada's Walk of Fame:** Musicians Randy Bachman and Sarah McLachlan, the late comedian Phil Hartman, ballerina Sonia Rodriguez, football player Russ Jackson and the 1972 members of Team Canada are among this year's inductees to Canada's Walk of Fame, and will get a star in Toronto's entertainment district on Sept. 22. For some reason, I didn't make the cut this year.

11 **Adele's miracle:** Her hit single Rolling in the Deep awoke from a coma a seven-year-old British girl, Charlotte Neve, who had suffered a brain hemorrhage. She wasn't expected to survive, but after lying comatose for a week Adele's song came on the hospital radio, Mom sang it to her and little Charlotte broke into a smile. She has since recovered. Miracle song.

Festival gets colourful kickoff

MAHESH KUMAR A./THE ASSOCIATED PRESS

Hindus honour gods

Chariots pulled by large crowds

Hindu devotees from the International Society for Krishna Consciousness (ISKCON) touch a painting in reverence on a road surface during a chariot procession of lord Jagannath in Hyderabad, India, Thursday.

The annual procession of the three idols of lord Jagannath, Balabhadra and Subhadra is taken out in a grand procession in specially made chariots called raths, which are pulled by thousands of devotees.

THE ASSOCIATED PRESS

Devotees throng around the chariots as they wait to pull them during the annual Hindu festival Rath Yatra, or chariot procession, in Puri, Orissa state, India. Inset: An Indian man dressed up as monkey god Hanuman.
BISWARANJAN ROUT/THE ASSOCIATED PRESS PHOTOS

Nine-day celebration

Three deities worshipped

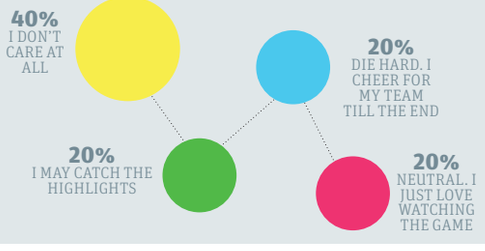
The nine-day Indian celebration marks the annual journey of the three deities to the Devi Gundicha temple, which belongs to their aunt.

"Normally, the deities are worshipped within the temple throughout the year. However, on the day of Rath Yatra, they are taken through the Badadanda so that devotees — including non-Hindus and foreigners who are not allowed inside the temple — can have a glimpse of the gods," a member of the temple told the Hindustan Times. METRO

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

What type of Euro 2012 fan are you?



Twitter

@MelissaBrie: #yqr is thrilled to welcome you @bryanadams! We're in heaven! http://instagr.am/p/MJYSeKJD_X/

@MarkRathwell: @MayorFiacco says there no better place than #yqr to raise a family, start a business or just smell the roses.

@Groovy_Mama_YQR: Don't be a drag. Come grab yourself a flashy new (on sale) diaper bag!

@RachBabs: @WestJet got my food truck fix in #yqr http://pic.twitter.com/DDgEATBg

@mattz: @PremierBradWall please watch "Film...It's Everyone's Business" |http://youtu.be/iigMtg2Y0bI| #sfetc #SupportSkFilm #Saskfilm #yxe #yqr #skpoli

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Anthony Mackie, left, portrays Will Johnson, and Benjamin Walker stars as the title character in Abraham Lincoln: Vampire Hunter. HANDOUT

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

This is no history lesson

Abraham Lincoln: Vampire Hunter. Once you get past the crazy premise, the film is actually entertaining

Richard: Mark, for a movie about vampires it has very little bite. There are a couple of big action set pieces and bloodsuckers get killed by the dozen, but I thought the over reliance on computer generated effects reduces the vampire battles — and that's what we're paying to see! — to a bloody synthetic spray of binary code, and little more. What did you think?

Mark: I have rarely seen a movie with a more idiotic premise, but I have also rarely seen a movie of this type so beautifully shot or art directed. The 3D is ravishing. If you can accept the ludicrous, absurd game of revisionist history that's being played here, you might have a good time at this flick. My main problem is that the movie adopts a different tone in its last third, after Lincoln becomes President. The cleverness gives way to spectacle, and I got left behind in all the conventional carnage onscreen.

RC: I wanted the carnage! This isn't a history lesson, it's a movie about killing vampires and on that level it only works in the film's OTT action sequences. Give me more of Honest Abe jumping from horse to horse during a stampede, and less of everything else. Although I have to have a soft spot for a movie that wraps up (MILD SPOILER) with Mary Todd Lincoln saying, "Abraham! Hurry, we're late for the theatre!"

MB: And the movie lost major points for me for not showing the scene and suggesting that Lincoln's assassin, John Wilkes Booth, was actually a vampire! The movie may not be a history lesson, but it does play with history, which gave it some tang for me. It sure wasn't the dialogue, or the acting. In fact, the lead, Benjamin Walker, got the part because he was the only actor who could embrace the premise without bursting into derisive laughter. You're right about the stampede scene, though. Exciting, original, and very memorable.

RC: You can't make a sequel if you kill the main character! No matter what really happened if this movie makes money, Abe will be back killing vampires, honestly.

MB: What worries me isn't the sequel, but the copycats: Franklin Roosevelt: Werewolf Killer; JFK: Alien Hunter; and worst of all, Stephen Harper: Zombie Slayer.

Synopsis

The story of Abraham Lincoln's bloodsucker battles begins in 1818 when his mother is killed by a vengeful vampire. His hatred of his mother's killer grows for years, but when he finally has the chance to even the score, he is instead, literally bitten by the urge to hunt vampires. Teaming up with a Van Helsing-esque warrior named Henry Sturgess (Dominic Cooper), he uses a silver-tipped axe to make sure America remains "a nation of men and not monsters."

- Richard: ●●●○○
- Mark: ●●●○○

2 SCENE

Scene in brief

N.Y. press club not happy with Baldwin

The New York Press Club is condemning Alec Baldwin's alleged assault of a newspaper photographer outside a marriage license bureau. The press club released a statement Wednesday saying Baldwin's actions "should not be tolerated." They say he is a public figure and that his activities are "legitimate subjects of media interest." Police have confirmed that Daily News photographer Marcus Santos has filed a complaint against Baldwin. They say Santos claims he was punched while snapping photos of Baldwin and his fiancée on Tuesday.
THE ASSOCIATED PRESS

On the web

Lohan's Liz & Dick checked by two guilds for workplace safety; producer says all is 'fine'

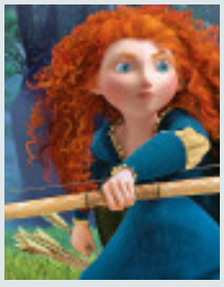
NEED A RIDE?
Read metrodrive every Wednesday.

TV's Craig Ferguson

"What happens is, there are stereotypes about the Scottish people. There's the positive stereotype of the kind of noble warrior poet, and there's the negative stereotype about the angry, belligerent drunk. Both of these have a basis in fact. But what I haven't seen captured too often in films made outside of Scotland is the sense of whimsy and the sense of fun that exists in the Scottish psyche."

Talk show host Craig Ferguson, who lends his voice to the new Disney's Pixar Animation film Brave, on how will it depicts Scottish people. Originally from Scotland, Ferguson is now an American citizen with a popular late night talk show following David Letterman's.
THE ASSOCIATED PRESS

Fable



Brave

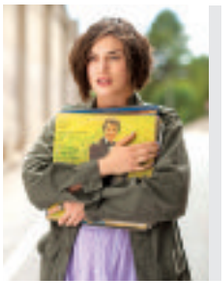
Directors. Mark Andrews, Brenda Chapman

Stars. Kelly Macdonald, Billy Connolly

Brave may not be one of Pixar studio's best films (Wall-E, Up) but it would be wrong to denounce it based on that. The Scottish fable of a tomboy princess who refuses to resign to marriage takes a surprising tonal turn once she unwittingly has her mother placed under a witch's curse.

Stunning animation and fun characters make up for a hollower helping from Pixar. **STEVE GOW**

The end is nigh



Seeking a Friend For the End of the World

Director. Lorene Scafaria

Stars. Steve Carell and Keira Knightley

What happens when the end of the world is just days away and you meet the person of your dreams? Are you a hopeless romantic or is your romance hopeless? That's the question asked by Steve Carell and Keira Knightley in this keenly observed look at what might happen.
RICHARD CROUSE

Family Guy first for MacFarlane before cuddling with Ted

The comedy Ted is about a man, Mark Wahlberg, and his talking teddy bear. HANDOUT STILL FROM MOVIE

Bear necessities. Versatile entertainer's directorial debut was delayed due to flagship show's temporary cancellation in 2004

NED EHRBAR
Metro World News in Hollywood

Seth MacFarlane has certainly established himself as a bona fide entertainer, with three animated series on TV, 2.2 million Twitter followers and a burgeoning career as a crooner.

And now he makes his debut as a director with the comedy Ted.

So why has it taken him this long to get around to making a movie?

A lot of that had to do with making sure his flagship property could survive without him.

"Family Guy had that little cancellation thing happen to it," MacFarlane says, referring to the hit show's brief death in 2001 and rebirth in 2004. "I wanted to make sure that it was fully on its feet after coming back before I stepped away to do a film because it did mean stepping away from that show completely for at least a year, and that was something that I hadn't done yet."

And while Family Guy has its origins in a pair of animated film pitches MacFarlane developed, Ted took the reverse track: "This was an idea that had actually been floating around in my head for a while. I had originally conceived it as an animated series idea and for a number of reasons shelved it," he recalls. "When it came time to do my first movie, it seemed like a story that would make a much better film than a series." That idea — about a man (Mark Wahlberg) and his teddy bear (voiced by MacFarlane) that magically came to life when he was a kid — might seem cartoonish on paper, but MacFarlane's main concern was making the situation believable.

Seth MacFarlane directs Ted and voices the teddy bear.
GETTY IMAGE OF MACFARLANE

OFFICE MANAGER

Reporting to the Sales/General Manager, Metro Regina, the right candidate will carry out a range of administrative and operational tasks related to the daily operations of the business in the Metro Regina operation. As well as provide operational and executive support to the Sales/General Manager, Metro Regina and any additional administrative support as directed.

PRIMARY RESPONSIBILITIES:

- Responsible for all administrative projects as assigned
- Responsible for the general daily office operations
- Assist in maintenance and control of the office budget
- Oversee the monthly purchases of office supplies and send required accruals to Metro English Canada
- Recommend and manage office furniture purchases, office supply purchases and all maintenance issues/requests
- General reception duties and Customer service requests
- Oversee couriers and mail; both incoming and outgoing
- Responsible for prompt office maintenance and repair work
- Supervise the implementation of new office systems from various shared service departments
- Review and update health and safety policies; coordinate with JHSC
- Responsible for maintaining accurate staff lists and directories
- Answering telephones, call screening and forwarding
- Deal with complex queries and complaints, by email, phone and in person
- Greet visitors and guests

REQUIREMENTS OF THE POSITION:

- 2-3 years of demonstrated success in a similar role
- Great organizational and time management skills
- Outstanding communication skills
- Intermediate knowledge of Microsoft Office - Word, Excel & Outlook
- Attention to details and thoroughness in the execution of tasks
- Must be a team player with a great, and we mean great, sense of humor

IInterested individuals who possess the skills described above are requested to submit their resume and cover letter via email to hr@metronews.ca no later than June 30, 2012. PLEASE QUOTE: "Office Manager - Regina" in the subject line. All submissions will be treated as confidential.

metro

Set in Toronto, Sarah Polley's Take this Waltz explores infidelity

Adulterous dilemma. Actress-turned-filmmaker's latest effort deals with a moral tussle that will divide audiences

STEVE GOW
scene@metronews.ca

Take this Waltz divides audiences, and actor-turned-Oscar-nominated filmmaker Sarah Polley is perfectly satisfied with that.

"To me the film is a little too soft or something but I'm amazed at the way people are responding to it," said Polley in Toronto recently.

"People bring their past relationship to it, people bring their current relationship to it and I feel like they align themselves with one character or another…so I love hearing what people think the film is saying."

Named after a Leonard Cohen song, Polley's sophomore effort (in theatres June 29) sticks to her roots.

Set proudly in Toronto, Waltz explores a happily married woman's (multiple-Oscar nominated actor Michelle Williams) moral tussle with desires of infidelity when she meets a bohemian artist.

"I actually think the gender divide is really complicated on this one. I feel like it's much more common to see men on television and in movies have sexual restlessness and to still like them (despite) that," said Polley referring specifically to the popularity of Mad Men character Don Draper.

"It's interesting to me that we're more comfortable with men doing this than women still."

It's a complicated, involving film which captures the type of powerful performance Polley often delivered in her own acting achievements — an aspect of her career she admits "may take a bit of a hit".

After 27 years in front of the camera however, Take This Waltz (and the Oscar-nomination she received for writing Away From Her) establishes Polley's best work in filmmaking is yet to come.

"(Screenwriting) is my favorite part," said Polley. "Maybe I feel there's actually very little art to screenwriting. Everybody is impressed if you can write a half-decent screenplay but actually anybody who's ever watched movies could. I find it kind of hilarious."

Romanticizing Toronto

"I always imagined Toronto would be a main character in a film," said Polley. "It was like an opportunity to celebrate Toronto and really show it the way I romanticize it and idealize it and the way I love it."

- Some of Sarah Polley's work: The Adventures of Baron Munchausen; Road to Avonlea (TV series); The Sweet Hereafter; Dawn of the Dead; John Adams (TV mini-series); Away From Her (Writer/Director)

Sarah Polley on set of Take this Waltz, which opens June 29th. MICHAEL GIBSON

THESE PAGES COVER MOVIE START TIMES FROM FRI., JUNE 22 TO THURS., JUNE 28. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

Southland Mall
3025 Gordon Rd., 306-585-7442

The Best Exotic Marigold Hotel (G) Fri 7-9:50 Sat-Sun 1:20-4:20-7-9:50 Mon-Tue 6:10-9 Wed 1:40-6:10-9 Thu 4:20-7-9:50
Brave (G) No Passes Sat-Sun 12 Star & Strollers Screening, No Passes Wed 1 Brave 3D (G) No Passes Fri 7:30-10 No Passes Sat-Sun 2:30-5-7:30-10 No Passes Mon-Wed 5:35-7:55 No Passes Thu 5-7:30-10
Madagascar 3: Europe's Most Wanted (G) Sat-Sun 12:25
Madagascar 3: Europe's Most Wanted 3D (G) Fri 7:20-9:40 Sat-Sun 2:40-4:55-7:20-9:40 Mon-Wed 5:30-7:50 Thu 4:55-7:20-9:40
Marvel's the Avengers (PG) Fri 6:55-10:05 Sat-Sun 12:40-3:50-6:55-10:05 Mon-Tue 5:20-8:20 Wed 1:20-5:20-8:20 Thu 3:50-6:55-10:05
Men in Black 3 (PG) Fri 8-10:30 Sat-Sun 12:05-2:35-5:10-8-10:30 Mon-Wed 6-8:30 Thu 5:10-8-10:30
Prometheus (14A) Fri 7:15-10:10 Sat-Sun 1:35-4:25-7:15-10:10 Mon-Wed 5:50-8:40 Thu 4:25-7:15-10:10
Rock of Ages (PG) No Passes Fri 7:05-9:55 No Passes Sat-Sun 1:10-4:10-7:05-9:55 No Passes Mon-Tue 5:40-8:50 No Passes Wed 1:30-5:35-8:50 No Passes Thu 4:10-7:05-9:55
Seeking a Friend for the End of the World (PG) Fri 7:45-10:15 Sat-Sun 12:15-2:45-5:15-7:45-10:15 Mon-Wed 5:55-8:35 Thu 5:15-7:45-10:15 Star & Strollers Screening Wed 1
Snow White & the Huntsman (PG) Fri 7:35-10:20 Sat-Sun 1:50-4:40-7:35-10:20 Mon-Tue 5:25-8:10 Wed 1:30-5:25-8:10 Thu 4:40-7:35-10:20
That's My Boy (14A) Fri 7:50-10:30 Sat-Sun 2:20-5:05-7:50-10:30 Mon 5:45-8:20 Tue 5:45-8:25 Wed 1:50-5:45-8:25 Thu 5:05-7:50-10:30

Galaxy Cinemas Normanview S.C.
420 McCarthy Blvd. N. Unit 26, 306-522-9098

Abraham Lincoln: Vampire Hunter 3D (14A) No Passes Fri 5:30-8:05-10:45 No Passes Sat 12:25-3-5:30-8:05-10:45 No Passes Sun 12:30-3-5:30-8:05-10:35 No Passes Mon-Thu 8-10:30
Bolshoi Ballet: Raymonda Live (STC) Sun 1
Brave (G) No Passes Fri 4:30-7-9:30 No Passes Sat 11:05-1:30-4:30-7-9:30 No Passes Sun 1:30-4:30-7-9:30 No Passes Mon-Thu 7-9:30
Brave 3D (G) No Passes Fri 5:15-7:45-10:15 No Passes Sat 12:15-2:45-5:15-7:45-10:15 No Passes Sun 12:15-2:45-5:15-7:45-10:10 No Passes Mon-Thu 7:45-10:15
Madagascar 3: Europe's Most Wanted (G) Sat-Sun 12:05
Madagascar 3: Europe's Most Wanted 3D (G) Fri 4:50-7:15-9:40 Sat-Sun 2:25-4:50-7:15-9:40 Mon-Thu 7:15-9:40
Marvel's the Avengers (PG) Fri-Sat 3:55-7:10-10:30 Sun 12:45-3:55-7:10-10:30 Mon-Thu 7:10-10:20
Men in Black 3 (PG) Fri 5-7:30-10 Sat 12-2:30-5-7:30-10 Sun 5-7:30-10 Mon-Thu 7:30-9:55
National Theatre Live: Frankenstein (Original Casting) (STC) Sat 12:30
Prometheus 3D (14A) Fri 4:45-7:35-10:25 Sat 11-1:50-4:45-7:35-10:25 Sun 1:50-4:45-7:35-10:25 Mon-Thu 7:35-10:25
Rock of Ages (PG) No Passes Fri 5:05-7:55-10:45 No Passes Sat-Sun 2:20-5:05-7:55-10:45 No Passes Mon-Thu 7:40-10:30
Snow White & the Huntsman (PG) Fri 4:20-7:20-10:15 Sat-Sun 1:25-4:20-7:20-10:15 Mon-Thu 7:20-10:10
That's My Boy (14A) Fri 4:55-7:40-10:35 Sat 11:40-2:20-5-7:40-10:35 Sun 12-2:35-5:15-8-10:40 Mon-Thu 7:50-10:30
We're Back! A Dinosaur's Story (STC) Sat 11
Kramer IMAX Theatre
2903 Powerhouse Dr., 306-522-4629
To the Arctic 3D (G) Fri-Sun 1-3:30-4:45-7:15
Tornado Alley 3D (STC) Fri-Sun 2:15-6

Paradise Cinema
1011 N. Devonshire Dr., 306-522-7888

Dr. Seuss' the Lorax (G) Sat-Sun 1:30-4
The Hunger Games (PG) Fri-Thu 6:30-9:10
What to Expect When You're Expecting (PG) Fri 7-9:30 Sat-Sun 1:10-3:50-7-9:30 Mon-Thu 7-9:30
Golden Mile
3806 Albert St., 306-359-5250
21 Jump Street (14A) Fri-Thu 1:35-3:45-6:55-9:40
The Dictator (14A) Fri-Thu 6:45-9:55
Dr. Seuss' the Lorax (G) Fri-Thu 1:30-4:05-7-9:25
The Five-Year Engagement (14A) Fri-Thu 6:30-9:20
Journey 2: The Mysterious Island (G) Fri-Thu 1:25-3:50
The Lucky One (PG) Fri-Thu 7:05-9:50
Mirror Mirror (PG) Fri-Thu 1:10-3:45
The Pirates! Band of Misfits (G) Fri-Thu 1:20-4
Regina Public Library Film Theatre
23 11 12th Ave., 306-777-6104
The Deep Blue Sea (PG) Sun 7
The Forgiveness of Blood (STC) Fri 7 Sat-Sun 9 Thu 7
No Films Showing Today (STC) Mon-Tue
Peace Out (STC) Fri 9 Sat 7 Thu 9
Wednesday Plus (STC) Wed 7-9

SALES REPRESENTATIVE

Metro Regina is seeking an individual to achieve regional targets for print & online and other performance metrics by developing new business.

PRIMARY RESPONSIBILITIES:
- Manage and grow an assigned retail sales territory
- Design advertising programs to reflect clients' objectives
- New Business Development
- Creatively negotiate rates
- Sell a portfolio of Metro branded products

REQUIREMENTS OF THE POSITION:
- Post secondary education in a related field
- 3 years experience in sales/media sales
- Proficient in Microsoft Office applications
- Creative, efficient, flexible & detail oriented
- Strong verbal and written communication skills
- Proven track record in profitable selling

Interested individuals who possess the skills described above are requested to submit their resume and cover letter via email to hr@metronews.ca no later than June 22, 2012. PLEASE QUOTE: "Sales Representative - Regina" in the subject line. All submissions will be treated as confidential.

metro

3 LIFE

Trends

Coast-to-coast grilling

The 23rd Weber Canadian Grill Watch Survey is giving insight into the habits, knowledge and trends of countrywide grillers.

- Nine out of 10 Canadians own a gas grill; 78 per cent own one grill, while almost 20 per cent own two.
- Men are the primary grillers (63 per cent).
- Hamburgers are the most-often grilled food item (56 per cent); steak is the all-time favourite food item (48 per cent).
- Men are more likely than women to add flavour with hot sauces or jalapenos.
- Reasons for grilling include for fun (81 per cent), as a way to relax (66 per cent), for the taste (61 per cent).
- Canadians who own grills entertain 11 times per year on average, and will grill when entertaining an average of six times per year.

NEWS CANADA / WEBER

On the web

Book on managing diabetes fits well into any lifestyle as it promotes healthy eating

Liquid Assets

A wine to match those cool summer nights

LIQUID ASSETS
Peter Rockwell
@therealwineguy
peterrockwell@eastlink.ca

I've never been much of a seasonal wine drinker. The thought of avoiding some bottles in favour of others because of the time of year has never made sense to me.

Sure, some wines have temperature issues. Now that summer has finally arrived, a heaping glass of full-bodied red can come across flabby and uninspired when it's hot.

I have to admit, though, summer is really the realm of whites: The kind of wines that refresh and thirst-quench without running amok all over your palate.

Some will suggest that a rich, dry Sauvignon Blanc is the king of summer. Others might choose an aromatic white like one made with Viognier or Chenin Blanc.

While all worthy contenders to the throne, riesling is my go-to warm weather white grape.

Schmitt Söhne's Fünf 5 Riesling ($9.95 - $13.99) is ripe and relaxed with apple-oriented fruit that's drinkable right out of its powder white bottle (OK, maybe with a straw).

The great thing about riesling is that it's amazingly food friendly.

It will help wash down everything from standard barbecue fare, seafood dishes and salads to more exotic menus inspired by Asia, India and, especially, Mexico.

PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

Flex your grilling muscles with grace

Grill treats, nom, nom, nom. SUBMITTED

Traditionally, summer is a time for men to show their alpha side by getting territorial over their barbecue cooking space while sporting a ridiculous apron. It's a primal thing: raw meat, fire gazing and alcohol.

Stereotypes aside, barbecuing is globally popular and perhaps one of the few occasions that you won't complain when you're presented with a charred carcass.

However, there are ways that we can improve. Yes, gentlemen, barbecuing is not an innate skill. Chef Ben Bartlett explains why there's more to the cuisine than plonking raw meat onto a scorching grill.

Bartlett says, "It's about the flavours from the wood, marinates and spices. Flavoured woods like cherry and apple or oak add a great smokey depth to meats."

There are also some really simple things that we can do to make sure that the meat is properly cooked. The chef suggests, "If you use coals, heap them up into a pyramid add fresh fuel to the edge and push inwards — it creates a really even cooking platform. Secondly wait till your wood or coal goes ashen grey to avoid flare-ups."

The U.K.-based BBQ supremo continues, "Take your meat out 30 minutes before you cook, so that it reaches room temperature — it'll cook more evenly this way. You want to achieve a core temperature of 75 F." METRO WORLD NEWS

Mexican. Margarita Sea Bass — as seen in Ben's Top 100 BBQ Recipes

Ingredients

- 8 sea bass fillets (100 g/4 oz each)
- 100 ml (3½ oz) white or gold tequila
- 120 ml (4 oz) Cointreau
- 150 ml (5 oz) fresh lime juice
- 1 tbsp salt
- 3 garlic cloves crushed
- 3 tsp vegetable oil
- Pinch of freshly ground black pepper

Inspired by the famous Mexican cocktail, this tequila-based marinade is a perfect partner for this celebrated fish.

1. Place the fish in a zip lock bag.
2. Combine the tequila, Cointreau, lime juice, salt, garlic and 2 teaspoons of oil and pour over the fish.
3. Marinate for 30 minutes at room temperature, turning occasionally.
4. Heat the grill to very hot.
5. Remove the sea bass and pat dry.
6. Brush lightly with 1 teaspoon of oil and grind some pepper over the surface of the fish.
7. Grill for 3 to 4 minutes per side.

The flavours of this recipe are inspired by Mexico. METRO WORLDS NEWS

Ben Bartlett's top 3 tips

- Ensure that the food thermometer doesn't touch the bone as this will not give an accurate temperature indication.
- Wrap chicken breasts in cling film and flatten slightly to grill evenly.
- Halve marinating time by sealing meat in a zip lock bag.

The three must-have helpers

1

Tonale carafe and beaker

$54, alessi-shop.com

2

Anthropologie Barbecue utensils basket

$198, anthropologie.com

3

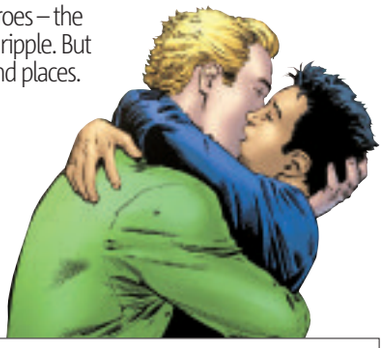
Polder BBQ safe serve instant read thermometer

$20, chefscatalog.com

When the second issue of DC Comics' Earth 2 issue came out on June 5, 2012, so did one of the comic legend's oldest superheroes – the Green Lantern. As scandalous as it might have been for the original Lantern to be gay in 1940, the 2012 version caused barely a ripple. But is it really easier coming out as gay or lesbian now than in decades past? Here are four real-life accounts from different times and places.

KATHY ULLYOTT
Metro World News

Out: About



HANDOUT

Andrew Chase

Chef and food writer, Toronto, age 57

Coming-out age:
Just before my 18th birthday.

Coming-out story:
I was a freshman at university and adjusting to being away from home and admitting to myself that I was gay. I came out first to a friend in my dormitory whom I suspected was also gay (I was right). It was strange, natural, easy, difficult, uncomfortable and liberating.

Any negative repercussions?
I had extreme difficulties with my family when I finally came out to them 10 years later, but that mellowed to complete acceptance after about a year.

Differences between coming out now versus then:
I think coming out to oneself is probably as hard it was in my time, but society in general is obviously much more accepting today.

What I would tell a young person considering coming out as gay or lesbian today:
Do it when you feel comfortable. It can be a gradual process. Realize certain people might never understand, but that is their problem, not yours.

Caleb

Visual effects artist, Vancouver, age 25

Coming-out age: 20

Coming-out story:
I told everyone via Facebook. My parents weren't on Facebook, though, so I had to tell them in person; that was a bit more difficult.

Any negative repercussions?
No, not really; everyone was totally cool. My mom was fine; I don't think she was that surprised.

What I would tell a young person considering coming out as gay or lesbian today:
Don't stress out about it too much – tell whom you want to, people you are close to. It can be difficult to tell your parents – but there's a really good chance that they know more than you think they know.

Julia Gulliver

Preparatory chef, dishwasher and student, St. John's, age 19

Coming-out age: 15

Coming-out story:
I was in Grade 10, and my best friend knew I had a crush on someone. She tried to guess who it was, guessing every boy we know (nope!) Finally she said, "Is it a girl?" I said, "Yes!" Then I was like a runaway train, telling everybody.

Any negative repercussions?
Not really. It took my family a month or two to warm up to the fact. My mom cried. But for her it was less about my being lesbian and more about life being maybe a more difficult road for me.

What I would tell a young person considering coming out as gay or lesbian today:
Make a list of things that might happen. If you're not sure how important people (to you) might react, test the waters first by saying, 'Here's this interesting story I read ...' Proceed with caution if you don't like the reaction.

Bradley Borg

Events planner, Toronto, age 52

Coming-out age:
17, when I put words to it.

Coming-out story:
I'd kind of always been out. But when I was in high school I fell madly in love with someone so I found myself putting words around it, saying 'I'm gay.'

Any negative repercussions?
Well, I had a boss once who fell in love with me; when I told her I was gay she fired me. In 1981 when my mom was dying of pancreatic cancer, she was losing her hair from the chemo and asked me to give her a punk haircut. As I was doing it, she said, 'Don't ever tell your father (that you're gay).' It wasn't that he didn't know; he just didn't want to hear it.

What I would tell a young person considering coming out as gay or lesbian today:
Just be who you are, be yourself, love who you love, be proud of who you are. I don't think there's any need to make a big pronouncement to the world. Straight people don't walk into a boardroom and say, 'Hey, everybody, I'm straight!' Why should you?

Friday evening fun

BBQ, presented by the GLCR

Enjoy a perfectly grilled burger with all the fixings. You'll need the sustenance to keep you going through the weekend activities. Friday, June 22 at 5 p.m. The GLCR, 2070 Broad Street.

Masquerade ball

Glitz & Glam, Masks & Mystery

The annual drag show, presented by the Imperial Crown Prince and Princess and The 21st Imperial House. H'orderves served before. June 23, $10. Doors, 8 p.m., show starts at 10p.m. GLCR Basement.

19+

The White Party

Hosted by Mr. and Miss Gay Regina 22, Andy Smokes and Jenny Talia, the only requirement for this party is all white attire and a party attitude. The GLRC, 2070 Broad Street. June 22. 10 p.m 19+ event.

Main event

Parade

Make your way through downtown Regina and finish the celebration at City Square Plaza with live entertainment, food, and a children's area. Starts at GLRC parking lot, 2070 Broad Street. June 23. Meet at 11 a.m, parade at 12 p.m.

Dance

In the Garden

Get in touch with nature at this "Garden of Eden" themed pride dance held at the GLCR, 2070 Broad Street. June 23. 10 p.m. 19+ event.

Till next year

Closing ceremonies

Relax after a week of excitement. The RSAR will be hosting a BBQ, followed by the closing ceremonies and vigil. Sunday, June 24. BBQ, 5 p.m. Closing Ceremonies, 7 p.m. The GLCR. Free, $5 Burgers. Full event listings at queencitypride.ca.

Ronaldo leads Portugal past Czechs

Euro 2012. Powerful header from star winger punishes Czech Republic for its negative tactics

Quarter-finals

Portugal	Czech Republic
1	0

After his fine footwork failed to find the target, Cristiano Ronaldo knocked in the only goal Thursday with a thrusting header, sending Portugal into the European Championship semifinals with a 1-0 victory over the Czech Republic.

After Ronaldo twice hit the post, he finally darted in from behind his marker in the 79th minute with all the instincts of an all-out striker and headed a cross from Joao Moutinho straight at the ground and up past the flailing hands of Czech Republic goalkeeper Petr Cech.

"I remember in the last game I hit the post twice, too," said Ronaldo, who scored his third goal in the last two matches. "But the most important thing is I managed to score this time, we won and are in the semifinals. Now it is big smiles and good music."

Portugal, which will play either Spain or France in the semifinals in Donetsk, Ukraine, next Wednesday, is one game away from reaching its second European Championship final in eight years.

Ronaldo already provided some leadership and two goals to get past the Netherlands in the decisive last group game, and his encore was the lone goal on Thursday.

His strike finally punished the negative tactics of the Czechs, who had parked most of their players in front of Cech for much of the game. The Czechs did not have a single shot on goal, and only two attempts during the whole match. The Euro 2004 runners-up had 20 attempts.

"In the second half, we lost our strength and determination and they had one chance that decided the match," Czech Republic coach Michal Bilek said.

When Ronaldo finally scored and was mobbed by his teammates, he went over to the camera with a beaming smile for a victory kiss to the rest of the world.

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Cristiano Ronaldo attempts an overhead kick during the Euro 2012 quarter-finals between the Czech Republic and Portugal Thursday in Warsaw, Poland. MICHAEL STEELE/GETTY IMAGES

Top prospect Yakupov weary of KHL question

Nail Yakupov speaks to the media Wednesday in Pittsburgh. JUSTIN K. ALLER/GETTY IMAGES

The question comes up often in Nail Yakupov's meetings with NHL scouts and general managers. And even though the 18-year-old Russian is still learning English, he can't help but tense up the second he hears the letters "KHL."

The player projected to be the likely No. 1 pick when the NHL draft gets underway in Pittsburgh on Friday understands why he's continually asked how committed he is to playing in North America.

"In the draft they don't want to wonder if some player is going to KHL," Yakupov said. "They just want to (us to) play in NHL and work hard."

Quoted

"It's not my deal what teams think, if they don't trust me or not. I want to play in NHL."
Nail Yakupov

Yakupov is growing tired of repeating himself, but skepticism is part of the territory now that the once-fertile pipeline between Russia and the NHL has started to dry up. The bigtime paydays — not to mention shorter schedule — of the Kontinental Hockey League has many Russian stars opting to stay home rather than lace up their skates halfway around the world.

Two other players with Russian ties — Alex Galchenyuk and Mikhail Grigorenko — are counted among the top forwards available. All three pose high-risk, high-reward scenarios.

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4 SPORTS

NBA

Heat's James looks to claim his crown

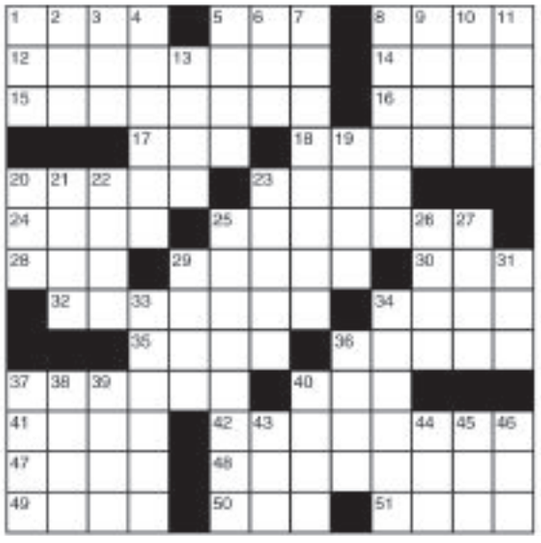
Vilified for both exercising his right to leave the Cleveland Cavaliers and for the manner in which he announced the move, LeBron James has spent two years in Miami chasing his first championship. He was one game away from that title as the Miami Heat faced the Oklahoma City Thunder Thursday night. Visit metronews.ca/sports for the results from Game 5.

On the web

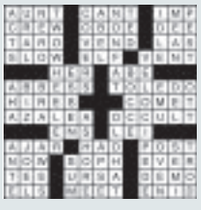
Edmonton-born Victor Cui is looking to grow MMA in Asia. Cui's organization is staging its fourth show in Kuala Lumpur, Malaysia, on Saturday. The former director of communications with the Royal Canadian Golf Association says he's never seen "this big of an opportunity" to grow a sport. Scan the code for the story.

Across
1 Mediocre
5 Treasure seeker's aid
8 Singer Suzanne
12 Tubular pasta
14 "American —"
15 Grandly dramatic
16 "Arrivederci"
17 Homer's interjection
18 Fine fish container?
20 Bonfire residue
23 Half (Pref.)
24 Rain in buckets
25 Best
28 Shade tree
29 Cove
30 Stolen
32 The great outdoors
34 Darling
35 N.Dak. neighbor
36 Horror-film villain
37 Past
40 Varnish ingredient
41 Laugh-a-minute
42 Phone-company employee
47 Desire
48 Break
49 Afternoon get-togethers
50 Dandy
51 Staircase component

Down
1 Sis' relative
2 Pout protruder
3 Candle count
4 Not so easy
5 Butterfly look-alike
6 Black bird
7 A striking figure?
8 Prey
9 Tend texts
10 Hockey score
11 Soothing additive
13 New Mexico art colony
19 Send forth
20 Gorilla
21 Unaccompanied
22 Camel feature
23 Bowler's problem
25 Occasionally
26 Throat-clearing sound
27 Silty soil
29 Part of the loop
31 Attempt
33 Overacts
34 Old gold coins
36 Artist Chagall
37 Very dry, as champagne
38 Green land
39 Spiritual discipline
40 Bound
43 Aye voter
44 Egyptian boy king
45 Raw rocks
46 Agent, for short



Yesterday's Crossword



Cryptoquip

How to play
This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

TH T DNYM NQ MUUAU NGASJ JKM YTQP AH GCAAP O ADMGAPB KNO, T UMIYAQ TJ IASCP GM N JBRM-A JBRA.

Saturday's Cryptoquip: IN A TELEMARKETING OFFICE, DO YOU SUPPOSE EMPLOYEES' CO-WORKERS ARE CONSIDERED CALLEAGUES?

Today's Cryptoquip Clue: U equals R

Horoscope

♈ Aries | March 21 - April 20.
Friends and work colleagues will ask for your opinions today, because they know you will tell them the truth. Don't be too brutal though.

♉ Taurus | April 21 - May 21.
Stick with what you know and trust. The planets warn that if you change, you will make a mistake and damage your reputation for efficiency.

♊ Gemini | May 22 - June 20. If you follow a hunch today, you will be delighted with the results. However, if someone else wants you to follow their hunches, you must decline.

♋ Cancer | June 21 - July 22.
Make your opinions known. Mercury in your sign gives you insights that other people do not possess, so speak up no matter how unpopular some of your ideas might be.

♌ Leo | July 23 - Aug. 22.
Something that just a few days ago seemed too much for you, will look remarkably easy today.

♍ Virgo | Aug. 23 - Sept. 22.
You've made enough concessions of late and now you must get tough with people who are abusing your generous nature.

♎ Libra | Sept. 23 - Oct. 22.
An issue you have been struggling with for several weeks will resolve itself today. Even so, you should give some thought as to why it took such a long time to be worked out.

♏ Scorpio | Oct. 23 - Nov. 21.
Creative activities will work out well today, but they will work out even better if you bring people into your confidence and let them know what it is you are trying to accomplish.

♐ Sagittarius | Nov. 22 - Dec. 21. Someone in a position of authority will give you the chance to prove yourself today and you must seize it with both hands.

♑ Capricorn | Dec. 22 - Jan 20.
What happens today will answer at least some of the questions you have been asking in recent weeks.

♒ Aquarius | Jan. 21 - Feb 18. You would like to go back and undo a mistake that had far-reaching consequences, but you know that's not possible. All you can do is learn from the situation.

♓ Pisces | Feb. 19 - March 20.
You may not get along with a someone but you'll have to work closely with each other today. The planets indicate there is a karmic attachment between you. **SALLY BROMPTON**

		2				5		
			4		1			
8	6						3	4
		4	3		6	8		
3	9						5	1
		6	5		9	7		
7	5						8	2
			1		4			
		8				9		

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

5	8	6	2	9	4	1	3	7
3	7	9	6	5	1	2	4	8
4	2	1	8	3	7	5	9	6
7	3	2	9	6	5	8	1	4
1	5	8	7	4	3	6	2	9
6	9	4	1	8	2	7	5	3
9	4	7	5	1	8	3	6	2
8	1	3	4	2	6	9	7	5
2	6	5	3	7	9	4	8	1

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Caption Contest

"So this is how Jonas felt in the belly of the whale!!!" Jason

FELIPE DANA/THE ASSOCIATED PRESS

Win!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

Read metro your money every Tuesday for financial tips, trends and advice.
Only in Metro. News worth sharing.

aptn

ABORIGINAL DAY LIVE

Casino Regina
Always Entertaining

Saskatchewan
Real Growth. Real Opportunity.

CN

TD

SAFEWAY

SaskCulture
funding provided by Saskatchewan Lotteries

LEADER-POST

bhpbilliton
resourcing the future

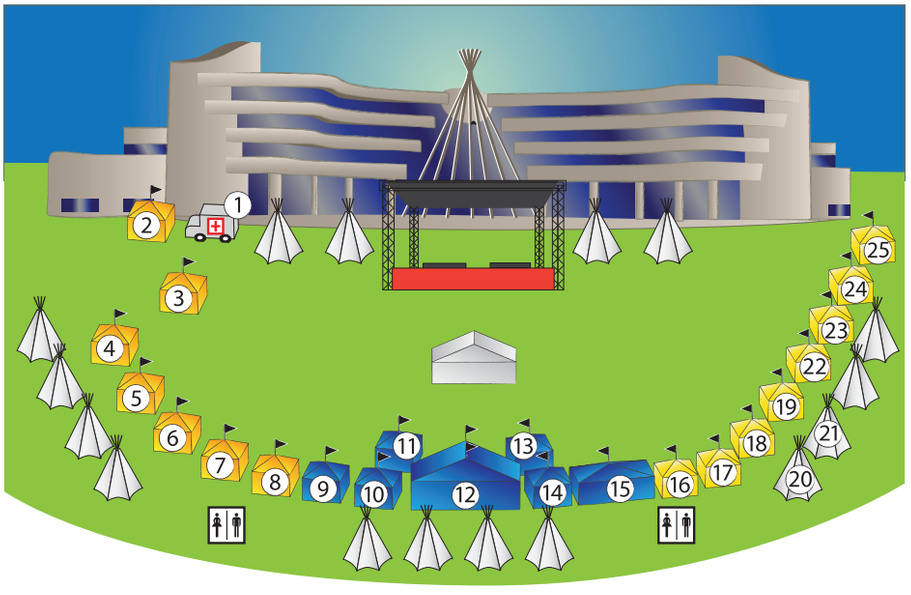
The StarPhoenix

City of Regina | REGINA

SATURDAY JUNE 23

FIRST NATIONS UNIVERSITY OF CANADA, REGINA

aboriginaldaylive.com #ADL2012



DAY-LONG CELEBRATION STARTS 1:30PM **LIVE CONCERT 7PM**

SITE LEGEND

1. St. John Ambulance
2. Child Find
3. Celebration Stage
4. Bon Burger
5. Irwin's Mini Donuts
6. Valley Girls Catering
7. First Nations University of Canada
8. Denise Kaiswatum
9. Youth Interactive Tent
10. MBC Radio
11. Additional Merchants
12. Merchants
13. Additional Merchants
14. First Nations University of Canada – Student Success Services
15. Royal Saskatchewan Museum – Saskatchewan Provincial Parks
16. BHP Billiton
17. Sask Arts Board
18. SaskCulture
19. RCMP Heritage Centre
20. Storytelling Tipi
21. Storytelling Tipi
22. TD Bank Group
23. Casino Regina
24. CN Community Booth
25. Canadian Diabetes Association

Experience Canada's most exciting National Aboriginal Day celebration